

STEP THINNING CALM → MASSAGE

ELIXIR, *SWEDISH MASSAGE*

For deep relaxation, tissue rebirth and stress relief through the use of relaxing ethereal oils on the entire body.

ARCTIC - CRYOTHERAPY

Cryomassage session for an intense feeling of refreshment and skin boost, with special reflexology manipulations.

DREAM ON A CLOUD

Shiatsu session for deep relaxation, rejuvenation and adjustment of the energy crystals of the brain with specialized mild tsubo presses on the energy lines of flow of the entire body.

WET LAUREL, *ANTI-CELLULITE DRAINAGE*

Enhancement of the circulation of the subcutaneous tissue with ethereal oils and saturated laurel branches of Apollo.

RAIN IN THE WOODS, TRIGGER POINT, *DEEP TISSUE MASSAGE*

Session of special presses for the deactivation of muscular pain on targeted affected areas by using special wooden equipment and bamboo sticks.

NATURAL FACELIFT, *FACE REJUVANCE*

Relaxation on neck and face with special manipulation and finger-presses that offer firmness, intense hydration and stress relief by using moisturizing herbal creams and a cold face mask.

GOLDEN HONEY SKIN, *TAN MASSAGE*

Moisturizing session and melanin activation that offers a natural bronze colour and a healthy and bright skin by using natural tanning creams.

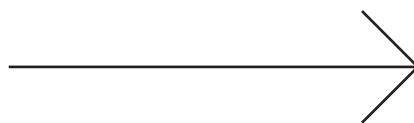
CORAL TOUCH, *GUA SHA*

Session of mild and dynamic manipulations and mobilization of the soft tissue for the direct decrease of pain, rich oxygenation and tissue nourishment, detoxification and cleansing from the useless metabolic products through the use of special Gua Sha equipment.

SPORTS MASSAGE

This massage is used to reduce muscle pain and improve an athlete's performance. The main technique used is functional kneading.

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MYKONOS




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